

## Adult & Pediatric Dermatology | Est. 1975

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## Assistant Clinical Professors of Dermatology | **Continue MD Alliance**

## Accutane Do's and Don'ts

## Do's



You must do baseline and repeat blood work.



You must wear sunscreen everyday and reapply as necessary if exposed to sun.



You must report depression or other side effects.

You must keep regular

follow-up appointments.



Don'ts



You must NOT get pregnant while on Accutane.



You must AVOID sun exposure.



You must AVOID alcohol.

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You must NOT use hair removal treatments (wax, nair, etc.). -Laser hair removal can be done according to provider discretion.



You must moisturize the skin and use chapstick daily.



Take Medication with a fatty meal (Heathy fats: Avocado, olive oil, etc.)



You must **AVOID laser surgery**, tattoos, and other surgery while on Accutane.

-Cosmetic surgery can be done according to provider discretion.



You must NOT take antibiotics or use acne products with salicylic acid or benzoyl peroxide while on Accutane.

