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# Electrodessication of Benign Lesions:

Benign lesions on the neck and face that can be treated using electrodesiccation include DPN's (dermatosis papulosa nigra), seborrheic keratoses, and other similar lesions.



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## How Electrodesiccation Works

### **Numbing cream:**

Apply the prescribed numbing cream to the area an hour prior to treatment. The numbing cream should only be applied to a small area (not much bigger than the size of your palm)

For example - you can apply it to most of your face, OR about half of your neck, OR the V-neck area of your chest (but NOT multiple areas at once)

### **The Procedure:**

The size of the area for safely applying numbing cream (above) is also the size of the area that can be treated during one "treatment session" **THE COST** - for each treatment session is \$250

Multiple treatment sessions should be at least a week apart the provider (usually Pamela Miller, PA-C) will treat each spot in that area using a device called an "electrodesiccator" like a laser (but electric instead of light energy), it gently heats each lesion leaving a small crust - the crusts fall off in about a week (so plan accordingly)

### **After Care:**

- Wash area normally (but gently) with soap and water each day while bathing
- Avoid the sun while healing (to prevent hyperpigmentation)
- Apply Aquaphor ointment (or something similar) once a day

See [www.minarsdermatology.com](http://www.minarsdermatology.com) for more information