


Proper Application of Drysol

Drysol (or Hypercare) is a prescription solution of 20% aluminum chloride. It is VERY effective for the treatment of underarm sweating that is resistant to over-the-counter antiperspirants.

NOTE - it is not very effective for hand or feet sweating (the skin on the hands and feet is too thick for the medicine to penetrate)

NOTE - Most people will respond to Drysol to control their underarm sweating. The people who fail to respond are usually not using it correctly (or for a long enough period of time). This medicine does have a bit of a learning curve - but you will learn how to use it effectively.





How to Use Drysol:

Apply at night.

But not every night - about three nights a week is best (e.g. Monday, Wednesday, Friday)

If the medicine irritates you (see more below) then take a break and re-start at only two nights per week (e.g. Monday and Thursday)

In the morning you can apply whatever deodorant you like (for odor control - it does not need to be an anti-perspirant - you can buy deodorant without anti-perspirant.)

Avoid irritation:

Your underarms must be "bone-dry" when you apply (When the medicine combines with water, it becomes acidic and causes skin irritation - i.e. your underarms will be "on fire")

In other words, do NOT apply after a shower - best to apply a few hours later, before bed.

If you get irritated (and everyone at some point does) - Just take a few days off and then start again.

Stick with it:

This medicine becomes more effective over time - in fact, you will need it less over time.

It can take a month or longer to see results.

Once your underarm sweating has stopped, you can usually get away with less frequent application and still stay dry (try twice a week or eventually weekly)

See www.minarsdermatology.com for more information